



MOTHER'S DAY SPECIAL EVENT

EVENT DETAILS



May 08, 2022



12:30 PM to 2:30 PM



Thompson Park, Brimley, Scarborough



20 (9 kids and 11 moms)

EVENT SUMMARY

Rationale: Most Nepalese moms in our community are first generation immigrants, who have lived 30-50% of their life in Nepal. Being brought up in a patriarchal society, it is not natural for moms to give or accept compliments, especially in the public sphere. However, compliments play a big role to boost up one's self-confidence.

In considering these factors, NRNA-Canada Youth and Women team in Scarborough & Toronto planned to celebrate a Mother's Day event. A dedicated day for moms to show love and respect which consequently boosts their confidence.

Activities: All kids who were interested in expressing their feelings joined along with their mom. They did not share any details with their moms prior to the programme as the event was meant to be a surprise.

Kids surprised their mom with their speeches and performances. Some moms even shared their feelings and experiences about their own mom. The interaction was lively as well as emotional. The discussion turned out to be even more fruitful than expected. Generational and cultural differences were discussed. The event lasted for 2 hours and by the end of it, the moms left feeling appreciated and the kids left feeling accomplished that they were able to outwardly express their appreciation.



Impact: Moms were totally surprised and happy by the compliments received from their kids. Some young kids were inspired by the speeches given by older kids as they didn't speak during the group discussion but went on to share their perspectives with their moms at home. Many issues around self-confidence for women, difficulties growing up in Canada for the children as well as generational discrepancies were discussed in a constructive way.